



# AVLL Spring 2020

## Rookies Ground Rules



Please note: The AVLL Ground Rules listed here are to be followed in addition to the Official Little League Baseball Rule Book. All managers must review and discuss the following rules with their coaches, players and parents prior to the start of the regular season. Please let your Division Director know if you have any questions or concerns regarding these rules.

1. The correct ball to use in the Rookie Division a Level #5 RIF (Reduced Injury Factor) ball is used.
2. NO stealing.
3. Runners may advance one base on an overthrow to first or third base (*At own risk*). An overthrow is defined as any ball thrown into foul territory.
4. Free substitutions
5. Half inning will be considered over when a team gains 3 outs or 5 runs, whichever occurs first.
6. Pitches shall be thrown overhand by the Coach from a standing or on one knee position from 35 feet (**10 feet in front pitching rubber on Field 4**). We prefer the pitches to be delivered from 35 feet but the Coach may move closer to improve accuracy but no closer than 25 feet from the batter. Coach will not pitch more than 6 pitches unless the last pitch is fouled off. If 6th pitch or the 3rd strike is fouled off, the batter can continue until he/she strikes out or he/she puts the ball into play whichever occurs first.
7. If the batter is hit by a pitch from the coach pitcher, it is a Hit-By-Pitch situation and the batter is awarded First Base.
8. The entire roster bats.
9. On a ball hit to the outfield, play stops and runners can no longer advance once an infielder gains possession of the ball. Any runner who is not half way, must return to their base.
10. There will be NO walks. Three strikes is an out.
11. Approved adult coaches may be first and third base coaches. The dugout must have an approved adult coach at ALL times.
12. NO head first slides.
13. Ten defensive players, max, on the field.
14. Infield will be allowed a maximum of 6 players and must have a catcher in full catcher's gear.
15. Outfield will be allowed a maximum of four outfielders. Outfielders must be positioned on the grass not the dirt infield.
16. All players must play at least one inning as an infielder per game. We recommend that each player try each position at least once during the season.
17. All players must play a minimum of three defensive innings, unless the game is less than four innings or the player shows up after the start of the game.

- 18.No more than two defensive coaches are permitted on the field at any time to direct players. Coaches should be positioned between 1st and 2nd base and between 2nd and 3rd base at the outfield grass line.
- 19.The coach standing closest to the play will make the defensive out or safe call **(when no Base umpire is present)**.
- 20.The infield fly rule DOES NOT apply.
- 21.No new inning may start after 1 hour and 15 minutes. A game is concluded at this time or after the completion of six innings whichever occurs first. **DROP DEAD TIME 1 HOUR AND 30 MINUTES.**
- 22.Only players may play in the catcher position, coaches are not allowed.
- 23.Both Visiting and Home team are responsible for the following: Preparing the field before the game which includes dragging the field or raking or tamping (if needed), chalking, putting out the bases. Putting away and cleaning up after the game which includes putting away the bases, chalking machine and other field equipment. Please make sure dugouts are clean before leaving field.
- 24.No score is to be kept, except for determining when 5 runs have been reached.
- 25.Bases are 60'.
- 26.Players must hustle on and off the field.
- 27.All male players **MUST** wear a hard groin cup, no exceptions.
- 28.Uniforms should be clean and worn with pride, hats facing forward, shirts tucked in.
- 29.**MERCY RULE:** The Mercy Rule, as stated in 4.10(e) of the Official Playing Rules, shall be in effect.